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Good Doctor News You Can Use



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THREE SIMPLE STEPS TO CUT YOUR RISK IN HALF!



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END SHOULDER PAIN WITH THIS FREE AND NATURAL REMEDY

FROZEN Shoulder Syndrome is an extremely painful condition that typically affects people between 40 and 60.

The malady starts with a twinge or nagging ache. Over time, the shoulder becomes stiffer and more painful until it seizes up and becomes "frozen" so you can't lift it over your head or bend it behind your back.

Many doctors suggest surgery or agonizing injections, but there's a natural way to heal this condition yourself.

"My technique has proven successful with longstanding shoulder problems," says Simeon Niel-Asher, a London-based osteopath and author of *Treat Your Own Frozen Shoulder*.

Sun has five copies of this \$45 book to give away FREE.

For more information, log onto www.frozenshoulder.com. For a chance to win a copy of the book, fill out the coupon below.



Sun has five FREE copies of this book to give away. If you would like a chance to win, fill out this coupon, or print your name, address and telephone number on a postcard deliverable by the U.S. Post Office, and mail it to us. Entries must be sent to the P.O. Box below to be eligible. Entries must be received by October 24, 2005. The winners will be selected no later than October 25, 2005. Winners will be selected at random from all entries received by the deadline.

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